# **Behavioral Health**

Print



Mission: "Our mission is to improve the overall well-being and emotional health of our youth, adults and families within the communities we serve."

Staff (L to R)

Carrie Ann K. Ranum, MD, Pediatric Medicine
Rose B. Bergquist, PA-C, CNS-PMH, Medication Management/Therapist
Jacquelyn A. Hedstrom, DNP, APRN, PMHNP-BC, Psychiatric Mental Health Nurse Practitioner
Tara L. Jorgenson, LPCC, QMHP, Program Coordinator/Licensed Professional Clinical Counselor
Visiting Specialist: Roger E. Dieterle, M.Div., MS, Pastoral Counselor/Therapist

## **Team**

The Behavioral Health team consists of a group of professionals, with mental health backgrounds, trained to treat the needs of those in our service area. The Behavioral Health team consists of:

Dr. Carrie Ann K. Ranum, MD, Pediatrics, has special interests in the treatment of ADHD, anxiety, depression and other behavioral issues. Clinics served include Bowman, Hettinger, Lemmon, Mott and New England.

Rose B.Bergquist, PA-C, CNS-PMH, Medication Management/Therapist, provides therapy and medication management through West River Health Services. Rose can provide assistance to individuals as young as 16 through the geriatric years. She serves Scranton Clinic and area longterm care facilities.

Jacquelyn A. Hedstrom, DNP, APRN, PMHNP-BC, Psychiatric Mental Health Nurse Practitioner, provides Psychiatry/Psychotherapy, Crisis Prevention Intervention, and Trauma-Informed Care. She welcomes children, adolescents and adults. Jacquelyn serves Hettinger, New England, Mott, Lemmon, and Bowman clinics and three area longterm care facilities.

Tara L. Jorgenson, LPCC, QMHP Program Coordinator/Licensed Professional Clinical Counselor, provides individual, couple and family therapy. Tara welcomes children, adolescence and adults. Special interests include treatment of anxiety, depression, behavioral issues and co-occurring disorders. Clinics served include Hettinger and Lemmon.

Visiting Specialist: Roger E. Dieterle, M.Div., MS, Pastoral Counselor/Family Therapist, provides individual, couple, family and group therapy in addition to pastoral counseling through West River Health Services. Payment for service is based on a sliding fee scale based on income and family size. Roger sees clients in Medora, Belfield, Dickinson and in the New England Clinic. In addition, Roger offers phone counseling to include evening hours.

### Patient Health Questionnaire-9 (PHQ-9), a depression screening tool.

#### Telehealth Appointments Available:

Hettinger Clinic – (701) 567-4561 Mott Clinic – (701) 824-2391 Scranton Clinic – (701) 275-6336

### Services

Services are available for children, adolescents and adults, including the geriatric population and veterans.

- · Individual therapy
- · Couple and family therapy
- Medication management
- · Diagnostic assessments
- Pastoral counseling
- Anger management
- · Parenting education
- Stress management
- Attention Deficit Hyperactivity Disorder Assessment (ADHD)
- · Veteran's behavioral health needs
- Telehealth
- · Tele-psychiatry





Behavioral Health, provided through West River Health Services, offers counseling and medication management through telehealth. Telehealth is the use of electronic technology to provide behavioral health care to a patient when the provider is in a different location. After receiving a link through your e-mail, video conference easily connects you to your counselor for a live exchange, and is HIPAA compliant. Telehealth is a covered service by most health insurance